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SERVICES THAT ARE INCLUDED IN OUR BASIC MONTHLY RATE

Bethel Assisted Living is proud to proclaim that we provide a comprehensive and unusually high assortment of resident orientated services within our primary monthly rate. A description of these services are as follows:

BASIC SERVICES

- * We provide 24-hour, trained staffing. Bethel's caring and compassionate staff are carefully selected for their skill and a genuine desire to care for and interact with seniors;*
- * Each unit includes a call system within each room including the bathroom. Individual pendants are also available for a nominal fee;*
- * We place heavy emphasis on our resident's dining experience by furnishing three full delicious and healthy meals prepared daily by our gourmet chef.*
- * Daily housekeeping and laundry service is provided;*
- * Scheduled transportation is provided for medical and dental appointments.*

ACTIVITIES

We are proud of our activities program. We strive to provide a dynamic, fulfilling, and well-rounded environment. We are strong believers in making each resident feel special.

Our in-house programs include a variety of table games, trivia, birthday and specialty celebrations, informative speakers, spiritual services and classes, social gatherings. We provide a setting for a variety of clubs such as needlework, book, and bridge.

With access to two large buses, our residents participate in a wide selection of community outings such as open transportation, grocery shopping, movies, casino trips, restaurant outings, concerts, plays, museums, picnics, scenic drives, and other special events.

To keep each resident and resident families informed of our activity schedule, we publish a full-color newsletter with inserts. Within the newsletter, we furnish an 11 X 17 full-color calendar with a detailed listing of all the events during a given month.

ASSISTED LIVING SERVICES

We provide customized care solutions for each resident's needs. The type and frequency of the care provided are tailored around on each resident's specific needs and preferences. From this, our trained staff can create a unique personal care plan. The care plan will be continuously updated when a resident's needs or preferences change.

Below is a general list of care services that are included in our basic monthly rate structure:

Escorting: We provide reminders and verbal encouragement for those residents who need help with traveling to and from meals and activities. In all cases, we encourage mobility, independent ambulation and participation in community activities and dining.

Transferring: When a resident has balance issues and to help reduce the chance of falls, our staff will provide oversight, verbal encouragement, and limited physical assistance with transferring.

Bathing: We will provide stand-by assistance. Examples of this include verbal cues as well as assistance in providing adequate safety during the bathing process.

Grooming: We will provide reminders and verbal cues to a resident during the grooming process to assist the resident in completing their task.

Dressing: We will provide reminders and verbal cues to a resident during the dressing process to assist the resident in completing their task.

Eating: Accompanied by a physician's orders, our chef will prepare appropriate meals for specialized diets (such as diabetic diet).

Cognitive: We will assist residents who are moderately independent, yet have difficulty making decisions in new situations.